

# ADKAR Model Mastery Level 2: Resolve Change Barriers

In Prosci's Resolve Change Barriers program, you'll build on what you learned in the Practitioner or Certification Program about addressing resistance that threatens project success. Advance your skills for conducting and analyzing ADKAR® Assessments, plus gain access to Prosci's ADKAR Body of Knowledge. And learn how to effectively resolve the root causes of persistent resistance to your change initiatives.

*Prerequisite:* Prosci Change Management Certification or Practitioner Program, plus ADKAR Model Mastery Level 1.



## Why Attend This Program?

The ADKAR Assessment gives you a snapshot of ADKAR scores for individuals or groups to guide your change management planning activities. This one-day ADKAR Model Mastery Level 2 program that focuses on the ADKAR Assessment enables you to:

- Effectively conduct and analyze ADKAR Assessments to identify root causes of resistance to change initiatives
- Use your assessment results and data-driven research to address persistent resistance and improve project outcomes
- Develop the skills of senior leaders and people managers to help resolve resistance on current and future changes

## Who Is This Course For?

The Resolve Change Barriers program is designed for both new and experienced practitioners wanting to skillfully conduct ADKAR Assessments, and effectively interpret and act on the results.

## Learning Objectives

Through the Resolve Change Barriers program, you will learn how to:

- **Apply the ADKAR Model to Resolve Barriers** – Reactively apply the ADKAR Model to address unavoidable resistance and resolve barriers to change.
- **Track ADKAR Outcomes** – Conduct ADKAR Assessments to monitor the progress of individual and group transitions required to achieve ADKAR outcomes.
- **Analyze ADKAR Assessments** – Identify the presence of persistent barrier points, and assess the associated risk to achieving ADKAR outcomes.
- **Resolve Persistent Barrier Points** – Promote mindsets to effectively anticipate resistance, and implement adaptive actions to resolve persistent barrier points.

Have questions? [Contact us](#) to learn more.

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## Agenda

- Welcome and Connection
- Review ADKAR Model Mastery Level 1
- Track ADKAR Outcomes
- Conduct ADKAR Assessments
- Analyze ADKAR Assessment Results
- Extended Break
- Understand, Anticipate and Address Resistance
- Adapt Actions to Resolve Barriers to Change
- Roles to Resolve Barriers to Change
- Next Steps and Close

## Tools and Resources Included

As a course participant, you gain access to industry-leading content and tools:

- Digital content, guidance and resources in the Prosci Hub Solution Suite, including:
  - **Knowledge Hub** – Applying the ADKAR Model
  - **Research Hub** – Access to over 20 years of best practices in change management research including the Applications of ADKAR Research Study
- Digital program workbook